



DARING

April 16 & 17, 2021

DAY 1 – April 16th

3:00 pm – 3:15 pm MST	Check In
3:15 pm – 3:30 pm MST	Logistics and Event Instructions - Caroline Zamora Welcome <ul style="list-style-type: none"> • Abel Covarrubias, CEO Aprendamos Family of Services • Tracy Perry, CEO Direct Therapy Services
3:30 pm – 4:30 pm MST	Session 1 Panel Discussion Supporting Families, Students, and Practitioners during COVID (Dr. Kourtney Vaillancourt, Dr. Marcel Montanez, and Dr. Merranda Marin, Dr. Mary Margaret Gleason)
4:30 pm – 4:45 pm MST	Break
4:45 pm – 5:45 pm MST	Session 2 Dr. Lisa Peterson Part 1: Addressing the Impact of the COVID-19 Pandemic on Child Mental Health
5:45 pm – 6:00 pm MST	Break
6:00 pm – 7:00 pm MST	Session 3 Dr. Lisa Peterson Part 2: Addressing the Impact of the COVID-19 Pandemic on Child Mental Health
7:00 pm – 7:15 pm MST	Day 1 Evaluations





DAY 2 – April 17th

10:00 am – 11:00 am MST	Session 4 Mindfulness and Decolonization: An Indigenous Approach to Healing Trauma	Dr. Michael Yellow Bird
11:00 am – 11:15 am MST	Break	
11:15 am – 12:15 pm MST	Session 5 Mindfulness in Action: Social Equity & Justice	Dr. Rose Felix Cratsley
12:15 pm – 1:15 pm MST	Lunch Break	
1:15 pm – 2:15 pm MST	Session 6 Supporting Families and Caregivers of Infants and Young Children Affected by the COVID	Dr. Joy D. Osofsky
2:15 pm – 2:30 pm MST	Break	
2:30 pm – 3:30 pm MST	Session 7 Gratitude Encounter: Exploring and Experiencing Gratitude as Self Care	Kevin Monroe, MA
3:30 pm – 3:45 pm MST	Break	
3:45 pm - 4:45 pm MST	Session 8 How data and innovation are changing how we provide services? (Dr. Scott Cyrus, Erica Surova, Zaira Fresquez)	Panel Discussion
4:45 pm – 5:00 pm MST	Day 2 Evaluations	

